

HOMEWORK: Crafting a Timeline In Reverse Order

Flip a few pages forward in your notebook. Start on the bottom line of the last page.

You'll begin by envisioning your "end point." This could be the best outcome, a program or session design, or a shift in how you organize your services.

From there, you will work backwards, line by line, asking and answering the question: "What happened right before this event occurred?"

You don't have to list what you had for lunch before you reached your goal, but it is helpful to be as detailed as possible.

I've used this process with every project I've completed. It not only challenges me to realize how the process is as important as the outcome, but gives me an outline from which to work.

In the space below, list any obvious milestones as well as any obvious gaps in your process. This is where you'll start to work to best support your pathway.

MILESTONES:

GAPS::

